



St. Peter Catholic Church  
The Jesuit Church in Charlotte's Center City

**Spring 2024 Ignatian Programs**

**The Examen Prayer (Sundays: 10-11:15 a.m., 3/3–3/24); (Wednesdays: 6:30-7:45 p.m., 3/6–3/27)**

A 4-week exploration of St. Ignatius' prayer of awareness of God's movement in our daily lives — a practice that leads to a deeper relationship with God. This retreat is appropriate for those who have not prayed the Examen as well as those who would like to have a richer understanding of the prayer. Led by Jim Reichard and Jeff Capwell (Sundays, live on campus) and C.J. Lawing and Bea Staub, (Wednesdays, zoom)

**Care for Creation/Solstice Retreat (Saturday, 3/23)**

Saturday morning, 10–noon. Experiential retreat celebrating the spring solstice, and helping participants explore their relationship with God and God's creation. Led by Ignatian Spiritual director, C.J. Lawing. The retreat will take place at Latta Nature Preserve on March 23.

**Everyday Discernment (Thursdays: 7:00-8:15 p.m. 4/25–5/30)**

A 6-week exploration of the Ignatian approach to decision making using *What's Your Decision*, by J. Michael Sparough, Jim Manney, and Tim Hipskind. Participants gain an understanding of how to invite and listen for God in everyday decisions, while applying Ignatius' rules of discernment to case studies and personal experiences. Combines reading resources, (purchase of the book, but workbook is provided) group participation, a daily Examen prayer and the practice of holy listening. Wednesday evenings 7-8:15 pm by zoom, April 25 - May 30.

**El examen de oración en español (Sundays, 4/14–5/5: 12:30-2:00 p.m.)**

Una exploración de 4 semanas de la oración de conciencia de San Ignacio sobre el movimiento de Dios en nuestra vida diaria, una práctica que conduce a una relación más profunda con Dios. Dirigido en español. Este retiro es apropiado para los participantes que no han rezado el Examen, así como para aquellos a quienes les gustaría tener una comprensión más rica de la oración. Dirigido por Carmen San Juan y Bea Staub. Para mas informacion o para registrarse contacta [csanjuan@stpeterscatholic.org](mailto:csanjuan@stpeterscatholic.org).

**Resurrection retreat (Saturday, 5/4: 9:30 a.m. – noon)**

Saturday morning Ignatian Eastertide retreat offering Ignatian prayer experiences of reflection, imaginative contemplation, meditation with time for individual prayer and group sharing. Saturday, May 4 in Benedict Hall.

**Spiritual Exercises of St Ignatius (19th Annotation — Individual)**

A 9-month–1 year individual experience of The Spiritual Exercises in Everyday Life — a path to deep conversion and discipleship. Participants commit to one hour of daily personal prayer, and meet once a week with a spiritual director trained in leading the Exercises, at a mutually-agreeable time. Contact Christine Pearson or Allain Andry for more information.

For more details on any of the programs, go to Ignatian Spirituality on the St. Peter website  
or email us at [StPeterIgnatianSpiritualityCLT@gmail.com](mailto:StPeterIgnatianSpiritualityCLT@gmail.com).